

Week 1 ~ Dipped Bricks

Discuss

Has your mom read this story to you?

Practice huffing and puffing (for the kids to act out while the story is being read)

Read

[*The Three Little Pigs by James Marshall*](#)

Discuss

If you could build your house out of anything, what would it be?

Have you ever seen anything melt? What does melt mean?

Wash Hands

Recipe Time!

Dipped Bricks (page 68 in [*Cooking Art*](#))

Read (while pretzels dry in the fridge or freezer)

[*A House is a House for Me by Mary Ann Hoberman*](#)

[*My Lucky Day by Keiko Kasza*](#)

Build dipped brick houses after the stories are read.



Week 2 ~ Easy Swizzle Sticks

Discuss

Do you know what an inch worm is?

Look at a ruler and count the numbers together.

Bring small toys and measure them together; we measured the pastry brush and the spatula as well.

Read

[*Inch by Inch* by Leo Leoni](#)

Discuss

Can you think of something small that would measure 1 inch long?

What is the largest thing you can think of that you'd like to measure?

Wash Hands (and preheat oven)

Recipe Time!

Easy Swizzle Sticks (page 40 in [*Cooking Art*](#))

Read (while "worms" and "snakes" are baking)

[*Crickor* by Tomi Ungerer](#)

[*Verdi* by Janell Canon](#)



Week 3 ~ Build-It Party Sandwiches

Discuss

Have you been to a party?

Have you had a party?

If you were hosting a party and could invite an animal, what kind of animal would you choose?

Read

[*Dandelion* by Don Freeman](#)

Discuss

Why doesn't Jennifer Giraffe let Dandelion in the first time?

Why does Jennifer Giraffe let Dandelion in the second time?

What makes you special?

Wash Hands

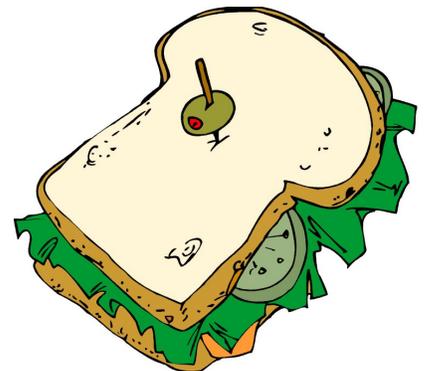
Recipe Time!

Build-It Party Sandwiches (page 65 in [*Cooking Art*](#))

Read (while/after eating)

[*Bear Party* by William Pene Du Bois](#)

[*If You Give a Pig a Party* by Laura Numeroff](#)



Week 4 ~ Dinosaur Claws

Discuss

Can you roar like a dinosaur? (get ready for some LOUD roars!)

Read

[*Dinosaur Roar* by Paul Stickland](#)

Wash Hands (and preheat oven)

Recipe Time!

Dinosaur Claws (page 120 in [*Cooking Art*](#))

Read (while/after eating)

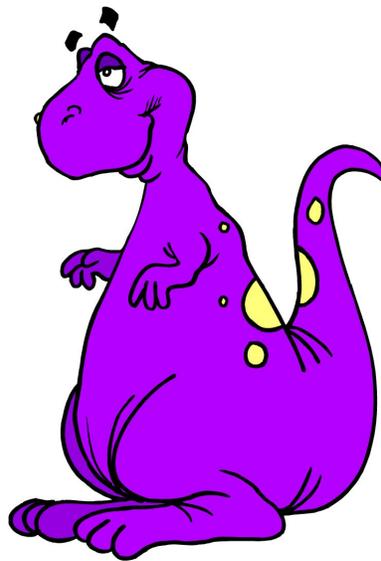
[*If the Dinosaurs Came Back* by Bernard Most](#)

[*How Does a Dinosaur Say Goodnight?* by Jane Yolen](#)

[*Bones, Bones, Dinosaur Bones* by Byron Barton](#)

[*Dinosaurumpus!* by Tony Mitton](#)

This is a good book to let the kids get up and jump around!



Week 5 ~ Spider Sandwiches

Discuss

How many legs to spiders have? (count to 8 together)

Sing "Eensy Weensy Spider"

Recite "Little Miss Muffet"

Are you afraid of spiders?



Read

[*The Very Busy Spider* by Eric Carle](#)

(let the students touch the tactile web on the pages of the book)

Discuss

Why wouldn't the spider answer the other animals' questions?

Why did the spider spin her web?

Do you think spiders are important? Why/not?

Wash Hands

Recipe Time!

Spider Sandwiches (page 136 in [*Cooking Art*](#))

Read (while/after eating)

[*Are You a Spider?* by Judy Dunn](#)

[*There Was an Old Woman Who Swallowed a Fly* by Simms Taback](#)

[*Be Nice to Spiders* by Margaret Bloy Graham](#)

Week 6 ~ Tiny Trifles

Discuss

What kind of berries do you like?

Sample different kinds of berries and make a graph using duplo blocks (make one base for each kind of berry; student adds a block to each base if he likes that kind of berry).

Count the graphs. Which berry is the most popular?

Read

[*The Little Mouse, the Red Ripe Strawberry, and the Big Hungry Bear*](#)

Discuss

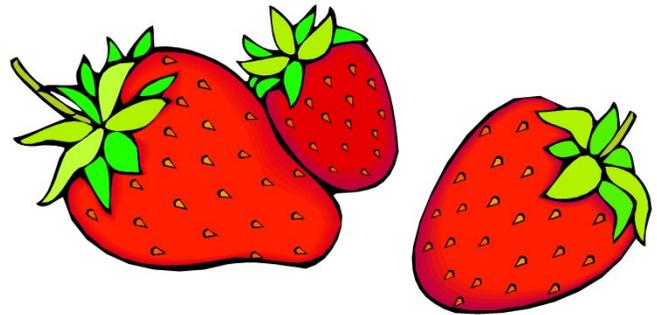
Why do you think the bear likes strawberries so much?

Where would you hide a strawberry?

Wash Hands

Recipe Time!

Tiny Trifles (page 45 in [*Cooking Art*](#))



Read (while/after eating)

[*The Blueberry Pie Elf*](#) by Jane Thayer

[*Blueberries for Sal*](#) by Robert McCloskey

Extra Time

Make a strawberry out of construction paper. Play hide the berry and see who can find it.

Week 7 ~ Vegetable Kabobs

Discuss

Have you ever grown a garden before? What did you grow?

What does a plant need to grow?

What is your favorite food that grows in the garden?

What would you do if you had rabbits eating everything in your garden?

Read

[*Muncha, Muncha, Muncha* by Candace Fleming](#)

Discuss

Ask the students to list as many vegetables as possible. Which veggies are their favorites?

Wash Hands

Recipe Time!

Vegetable Kabobs (page 25 in [*Cooking Art*](#))

Read (while/after eating)

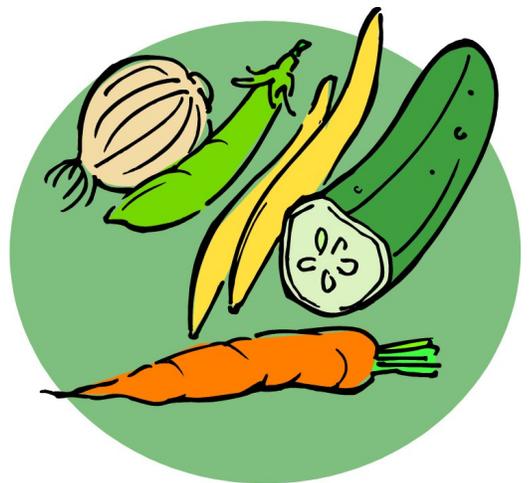
[*The Tale of Peter Rabbit* by Beatrix Potter](#)

[*Tops and Bottoms* by Janet Stevens](#)

[*The Carrot Seed* by Ruth Krauss](#)

[*My Garden* by Kevin Henkes](#)

(we had a lot of fun with this book by discussing what we would grow in our imaginary gardens)



Week 8 ~ Rainbow Snow Slushies

Discuss

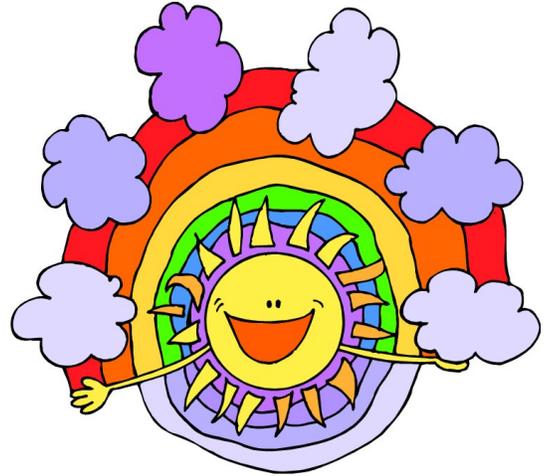
Have you ever seen a rainbow?

What colors are in a rainbow?

Stand up if you are wearing red. (Sit down.)

Stand up if you are wearing purple. (Sit down.)

Continue with all the colors in the rainbow.



Read

[*A Rainbow of My Own* by Don Freeman](#)

Discuss

Where did the rainbow hide?

Can you think of other places for a rainbow to hide?

Where do you like to hide?

Wash Hands

Recipe Time!

Rainbow Snow Slushies (page 47 in [*Cooking Art*](#))

Read (while/after eating)

[*Planting a Rainbow* by Louis Ehlert](#)

[*What Makes a Rainbow?* by Betty Ann Schwartz](#)

Week 9 ~ Flower Fruit Bread

Discuss

What are your favorite fruits?

Can you think of a fruit that is red (orange, yellow, green, blue, etc.)?

Bring some *new* and unique fruits in for your students to sample.

Read

[*Strawberries Are Red* by Petr Horacek](#)

Wash Hands

Recipe Time!

Flower Fruit Bread (page 158 in [*Cooking Art*](#))

We let the students make some for themselves and some for mom.

Read (while/after eating)

[*Jamberry* by Bruce Degen](#)

[*Eating the Alphabet* by Louis Ehlert](#)

